

2025 TEHAMA COUNTY

WATCH FOR MORE ACTIVITIES ON FACEBOOK & INSTAGRAM

HELLO, SUMMER 2025!

Help your children enjoy summer and stay engaged by keeping them active and taking advantage of what we have in the area. Watch our Facebook page as more activities surface. Let's support those activities that are being held by filling all of their available seats! Share the guide and tell your friends. And make sure and let us know about something new so we can also share.

CHECK WHAT YOUR CHILD'S SCHOOL IS OFFERING

This year more than ever, local schools are offering great summer programs. Check to see what they're offering in your district.

PLAY, PLAY, PLAY

Don't underestimate the importance and power of play. It helps us learn even faster! Take time and play with your kids. It's good for you, too.

> "WE DON'T STOP PLAYING BECAUSE WE GROW OLD; WE GROW OLD BECAUSE WE STOP PLAYING." --GEORGE BERNARD SHAW



STUDENTS LOSE ABOUT A MONTH'S WORTH OF LEARNING ON AVERAGE OVER THE SUMMER. (SOURCE: SCHOLASTIC). KEEP THEM ENGAGED IN FUN WAYS!

TO THE POOL! RED BLUEF MCGI YNN POOL

RED BLUFF CITY PARK, 119 SYCAMORE STREET OPENS SATURDAY, JUNE 14 / LAST DAY: AUGUST 9

Admission & Hours Admission: Kids 18 & Under FREE General: \$2.00 Seniors (60+): \$1.00 Lodge #84, RB Rotary)

Swim Lessons: 3 Sessions Session 1: June 23-July 3 (Registration opens June 1) Session 2: July 7-July 17 (Registration opens June 30) (Thanks sponsors! Active Session 3: July 21-July 31 20/30, Kiwanis, Masonic (Registration opens July 14) Monday - Thursday 8 days of swim lessons

Public Swim Hours

Mon-Fri: 1:00-4:00PM Sat: 1200-5:00pm (Private lessons and Mommy and Me classes available)

\$50 per session, per person Learn more at www.redbluffrecreation.org Red Bluff Parks and Rec (530) 527-8177

REDDING AOUATIC CENTER

4400 QUARTZ HILL ROAD. REDDING OPEN: JUNE 9 - AUGUST 8 (WITH SOME WEEKENDS STILL OPEN THRU AUGUST 31)

Admission & Hours

Sunday - Thursday Ages 0-2 Free Child 3-15: \$5.00 Adults 16+: \$6.00

Friday-Saturday Ages 0-2: Free Child 3015: \$6.00 Adults 16+: \$7.00

Starting Early June: Open 7 Days a week, but check website for updates.

Visit:https://www.cityofredding.org/departm ents/parks-and-recreation/aquatic-center or call 530-245-7247

FANTASY FOUNTAIN SPLASH PARK

4000 Victor Avenue (Enterprise Park) Open Memorial Day-Labor Day / 10 am-8 pm Open just weekends from Labor Day-last weekend in September / 10 am-8 pm

REDDING - WATER WORKS PARK

151 N. Boulder Dr., Redding Opens May 23rd - Hours vary, so check website. Cost is based on age and session. Age 0-2 free. https://www.waterworkspark.com/hours

CORNING: TEDDY POHLER MEMORIAL POOL

NORTHSIDE PARK. 1414 COLUSA STREET OPENS MONDAY, JUNE 9 / LAST DAY: AUGUST 8 CALL 530-824-7062 / CLOSED ON SUNDAYS

Admission & Hours Admission: Daily Children's Fee: \$2.00 Daily Adult Fee: \$3.00 Season Passes Available **Public Swim Hours** Day Hours -Mon-Fri: 1:00-5:00PM Sat: 10:00am-5:00pm **Evening Hours -Tuesday and Thursday** 6:30-9:30pm **Adult Lap Swim Hours** Monday-Friday 6:30-7:30AM

ANDERSON SPLASH PAD

Swim Lessons Monday - Friday 10:30am-12:30pm 2-week sessions of 1/2 hour starting June 9 Cost: \$30.00 per 2-week session Sign up at https://www.corning.org

Pool Rentals and Reservations The pool is available for private parties to rent on the weekends. Book at www.corning.org

Anderson River Park - Splashpad / 2800 Rupert Road, Anderson Opens full time May 26th - September 1st (then weekend hours until September 28th)

Hours: 10am to 10pm / 7 days per week / No cost Children must be accompanied by an adult. Diaper aged children must have swim diapers.

https://www.ci.anderson.ca.us/departments/river_splash.php

ANDERSON POOL

Anderson High School / 1471 Ferry Street, Anderson Open Public Swim: Monday-Thursday: June 9-July 31, 2025 Time: 2:00pm to 3:45pm \$2/per person (Only cash at the door)

\$30/Individual Season Pass - Online only \$75/family pass (up to 4) - Online only Swim Lesson Information available online. Visit www.ci.anderson.ca.us. Or call 530-378-6656.

CHICO PUBLIC POOLS

Sycamore Pool at

One-Mile Recreation Area Vallombrosa Way - 530-895-4711 Lifequards present from June 8 to Labor Day / 1-7pm Closed to public on Thursdays

Pleasant Valley Pool 2320 North Avenue Opens June 9 - Aug 16th General Admission: \$4 Seniors/Military: \$3 Ages 2 and under free Closed Sundays and July 4. Call 530-895-4703

Dive-In Movie Nights: June 7 (Twisters) and July 5 (Moana 2) Pleasant Valley Pool / 2320 North Avenue / Pool opens at 7pm Movie starts at sundown / Fee: \$4 Learn more at https://www.chicorec.gov/dive-in-movie

FREE SWIM DAY

FRIDAY JUNE 20, 2025 TIME: 1-5PM

SPONSORED BY THE CORNING CHAMBER OF COMMERCE

KIWANIS CAMP: Deadline for applications is june 14th!

Kiwanis Camp July 23-27, 2025



Message us for Camper and Counselor applications!



VISIT ON FACEBOOK

Completely FREE camp for local kids held at Camp Tehama in Mineral. Transportation, meals, and a variety of activities and crafts are provided, all while allowing kids to enjoy the great outdoors.

Message on Facebook for an application. Submit your child's application to the Department of Education, 1135 Lincoln Street in Red Bluff.

Camper applications are open to any child living in the Red Bluff or Los Molinos school districts who will be going in to 5th, 6th or 7th grades.



Prime Cinemas: 400 South Main, Red Bluff / (530) 529-5491 www.prime-cinemas.com

Farmer's Markets & Fruitstands

RED BLUFF FARMERS' MARKETS

WEDNESDAY NIGHT DOWNTOWN FARMERS' MARKET: JUNE 4TH -AUGUST 27TH

Time: 5pm - 8pm Washington & Pine Streets Farmers, vendors, live bands, kid's activities and special events.

SATURDAY FARMERS' MARKET (YEAR ROUND)

Time: 8am - Noon (May - September) Time: 9am - Noon (October - April) River Park, Red Bluff

Questions? Visit www.redbluffchamber.com or call 530-527-6220, ext301

OTHERS IN THE REGION

Tuesdays

Redding: Marilyn Miller Market 1700 Churn Creek Road at the Shasta Center (June - October) Time: 7:30am - Noon

Wednesdays

Paradise: Party in the Park Music and Marketplace, 5570 Black Olive Drive, Time: 5pm - 8:15pm (June/July)

Chico: Chico Wednesday Farmers Market, North Valley Plaza Time: 7:30am - Noon (year round)

CORNING TUESDAY NIGHT MARKET: JUNE 3, SEPTEMBER 2, OCTOBER 7

Time: 5pm - 8pm Solano Street between 3rd and 6th Street

June 3rd - 3rd Annual Boxcar Races!

The Corning Tuesday Night Market returns for the 2025 year! This event is held in downtown Corning by the City of Corning Recreation Department and the Corning Chamber of Commerce.

Enjoy an evening checking out local artisans from around the area. There will be food trucks, craft vendors, live music, kids zone, beer and wine garden and more.

Questions? Contact www.corningchamber.org

Thursdays

Anderson: Anderson Market, Factory Outlet Parking Lot (June-Sept) Time: 7:30am - Noon

Chico: Thursday Night Market, Downtown Chico, Time: 4pm - 8pm (May-Aug)



LOS MOLINOS Julia's fruitstand

11475 Highway 99E Los Molinos

Open everyday 8am - 6pm



Saturdays

Redding: Saturday Redding Market, 777 W. Cypress Ave. Time: 9am - 1pm (April-Dec)

Chico: Chico Certified Farmers Market, 2nd Street & Wall Street, Time: 7:30am - Noon (year round)

Sundays

Redding: Sunday Turtle Bay Market, 844 Sundial Bridge Drive Time: 8am - Noon

Chico: Chico Certified Farmers Market - Meriam Park, Market St. Time: 9am - Noon (May-Sept)

Dance, Dance, Dance



FLARE DANCE & ACROBATICS

Summer 2025	530.255.4180	450 Walnut St, Red Bluff	igniteyourflare@gmail.com	
6/9, 6/16, 6/23	Tuesday	6/10, 6/17, 6/24	Wednesday	6/11, 6/18, 6/25
Studio 2	Studio 1	Studio 2	Studio 1	Studio 2
PW Ballet / Lyrical 4:30 - 5:30	Jazz / Lyrical 1/2 4:15 - 5:15	PW Hip Hop 4:15 - 5:15	Acro 1 / 2 4:15 - 5:30	PW Ballet / Lyrical 4:30 - 5:30
Leaps & Turns 5:30 - 6:00	Tap 1 / 2 5:15 - 6:15	PW Musical Theatre / Jazz 5:15 - 6:15	Intro Ballet / Jazz 5:30 - 6:00	Leaps & Turns 5:30 - 6:00
PW Acro 6:00 - 7:00 Ballet 1 / 2 6:00 - 7:15	Hip Hop 1 / 2 6:15 - 7:15 Team 7:15 - 8:15	15 min break	PW Acro 6:00 - 7:00	Ballet 1 / 2 6:00 - 7:15 Team 7:15 - 8:15
		Nugget 6:30-7:15 /// PW Team 6:30-7:30		
PW Team 7:00 - 7:45 Team 7:15 - 8:15			PW Team 7:00 - 7:45	
	6/9, 6/16, 6/23 Studio 2 PW Ballet / Lyrical 4:30 - 5:30 Leaps & Turns 5:30 - 6:00 Ballet 1 / 2 6:00 - 7:15 Team	6/9, 6/16, 6/23 Tuesday Studio 2 Studio 1 PW Ballet / Jazz / Lyrical 1/2 Lyrical 4:15 - 5:15 4:30 - 5:30 Tap 1 / 2 Leaps & Turns 5:30 - 6:00 Ballet 1 / 2 6:00 - 7:15 Hip Hop 1 / 2 6:15 - 7:15 Team Team	Summer 2025 530.255.4180 Red Bluff 6/9, 6/16, 6/23 Tuesday 6/10, 6/17, 6/24 Studio 2 Studio 1 Studio 2 Studio 2 Studio 1 Studio 2 PW Ballet / Lyrical 4:30 - 5:30 Jazz / Lyrical 1/2 4:15 - 5:15 PW Hip Hop 4:15 - 5:15 Leaps & Turns 5:30 - 6:00 Tap 1 / 2 5:15 - 6:15 PW Musical Theatre / Jazz 5:15 - 6:15 Ballet 1 / 2 6:00 - 7:15 Hip Hop 1 / 2 6:15 - 7:15 15 min break Hip Hop 1 / 2 6:30 - 7:30 Nugget 6:30-7:15 /// PW Team 6:30-7:30	Summer 2025 530.255.4180 Red Bluff Tignteyournate 6/9, 6/16, 6/23 Tuesday 6/10, 6/17, 6/24 Wednesday Studio 2 Studio 1 Studio 2 Studio 1 PW Ballet / Lyrical 4:30 - 5:30 Jazz / Lyrical 1/2 4:15 - 5:15 PW Hip Hop 4:15 - 5:15 Acro 1 / 2 4:15 - 5:30 Leaps & Turns 5:30 - 6:00 Tap 1 / 2 5:15 - 6:15 PW Musical Theatre / Jazz 5:15 - 6:15 Intro Ballet / Jazz 5:30 - 6:00 Ballet 1 / 2 6:00 - 7:15 Hip Hop 1 / 2 6:15 - 7:15 15 min break Nugget 6:30-7:15 /// PW Team 6:30-7:30 PW Acro 6:00 - 7:00 Team Team Team PW Team PW Team

Location: 446 Walnut Street, Red Bluff / Phone: (530) 255-4180 / www.igniteyourflare@gmail.com Summer classes begin June 9th



Jubilee Performing Arts Company

1325 Schwab Street, Red Bluff jubileeperformingartsco@gmail.com <u>https://jubileepac.square.site/</u>



SPECIAL EVENTS & LAKE DAYS



Summer Fairs '25

Butte County Lassen County Butte County Fair Lassen County Fair August 21-24 July 16-20 Susanville

Shasta County Shasta District Fair June 18-22 Anderson

California State Fair July 11-27, Sacramento

Mini

Siskiyou County Siskivou Golden Fair August 6-10 Yreka

Trinity County Trinity County Fair July 10-13 Hayfork



Chico

MANDLE REAL ANIMALS **USE REAL EQUIPMENT** V 10 - 13 YEAR OLD CAMPERS

5:00 PM - 7:00 PM JUNE 23 - 27 2025

85 BEIJE MILL RD. RED BLUFF, CA 96080

REGISTRATION IS UMITED! AGES 10 - 13 YRS. \$160.00/CAMPER HITTPS://KIDS-VETCAMP-2025 CHEDDARUP.COM

Learn the basics of cheerleading in fun & interactive sessions taught by The Red Bluff High School cheerleaders. Little Spartans will perform on the final day of camp.

June 10-12 9am-12pm Red Bluff High School, Old Gym

Camp is open to incoming Kindergarten through 8th grade

Fee includes: \$50 Performance routine, bow and daily snack

First 25 paid registered participants will receive a FREE camp shirt!

Lake Oroville State Recreation Area (5 miles northeast of Oroville) Lake Oroville Visitor Center 917 Kelly Ridge Road., Oroville Phone: 530-538-2219 Open 7 days a week, 9am to 5pm

The Forebay Aquatic Center 930 Garden Drive, Oroville Phone: 530-774-7934 Offers watercraft rentals and classes seasonally https://www.forebavaguaticcenter.com/

Regional Lakes

Shasta Lake (10 miles north of Redding)

Holiday Harbor (Rent, Boats, Kayaks, Paddle Boards, RV Campground) 20061 Shasta Caverns Road, Lakehead Phone: 530-238-2383 HolidayHarbor@lakeshasta.com

Whiskeytown National Recreation Area (8 miles west of Redding)

(Kayak/Paddle Board/Boat Rentals Beach Area / Camp Grounds) 12485 State Highway 299 W. Whiskeytown Phone: 530-359-2671 https://whiskeytownmarinas.com/

Lake Siskiyou Camp Resort (5 miles from Mt. Shasta)

(Rentals: Fishing and patio boats, kayaks, paddleboards, campgrounds, cabins) 4239 W. A. Barr Road, Mt. Shasta City Phone: 530-926-2618 https://lakesiskiyouresort.com

Theater and the Arts

Redding Performing Arts Center

Various Summer Camp options and grade levels. https://www.reddingpac.com 3274 Bechelli Lane, Redding Phone: 530-276-8321

Chico Arts Center

Weekly art classes. www.chicdoartcenter.com 450 Orange Street, Chico Phone: 530-895-8726

Sewing Classes Redding: Hokema's Sewing Center Ages 8 and up / www.Hokemas.net 2736 Bechelli Lane, Redding Phone: 530-223-1970

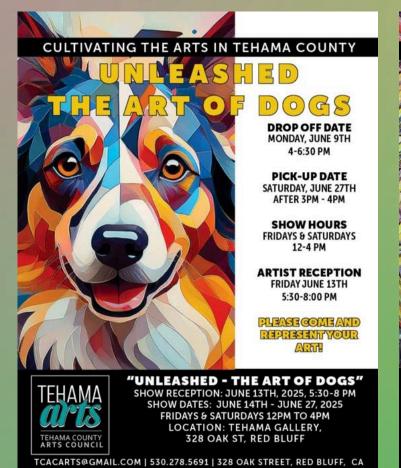
Chico: SewClassy Phone: 530-513-8412

Turtle Bay Exploration Park (Included with Admission) June 14th: Steampunk Exhibit: 11am-2pm June 14th: Venom Show @ 2:30pm-3:pm June 21: Learning with Science 11am-2pm June 28: Art Lab: Automata 11am -2pm Museum Summer Hours: 9am-5pm (Monday-Friday) 10am-5pm (Saturday and Sunday) Park Admission: Adult (16-64) \$22 / Child (4-15) \$18, Senior (65+) \$18 / Young Child (0-2) FREE

Glow Wild, an illuminated wildlife lantern festival, is available on select nights until June 8. Visit the website for cost and schedule.

Visit www.turtlebay.org for more events and activities. Location: 844 Sundial Bridge Drive, Redding

Art Shows!





SUMMER 2025 Visit Lassen and Ide Adobe

Plan your visit to Lassen Volcanic National Park! Get the NPS App

One app, every park at your fingertips. The NPS App is the new official app for the National Park Service with tools to explore more than 400 national parks nationwide. Find interactive maps, tours of park places, on-the-ground accessibility information, and much more to plan your national park adventures before and during your trip.

The free app is currently available for iOS and Android devices.

More Information:

NOTE: Due to limited connectivity in the mountains, preload for offline use ahead of time.



https://www.nps.gov/subjecs/digital/nps-apps.htm







BASEBALL & SOFTBALL



Volleyball

Volleyball

VOLLEYBALL CAMPS AT BUTTE COLLLEGE

All-Skills Camps Session 1: July 14-18, 2025 Session 2: July 21-25, 2025 8:30AM-12:00PM

Cost: \$200 Includes a Camp T-shirt Discounts available for siblings, multi-session, and families of Butte College

Each session is limited to 60 campers of all genders entering grades 7-12

email jacksoned@butte.edu or visit nor-calvbacademy.com

Basketball





Summer Camps for Volleyball Players of all levels Led by our experienced coaches and Butte College's head coach! Session 1: June 9th-12th Session 2: July 7th - July 10th Camps run Monday-Thursday 2-2.5 hours/day

Groups Youth All Skills Camp: 8-11yr old (9:00-11:00 AM), \$150 Intermediate/Adv. 12-15 yr (11:30-2:00 PM), \$175 HS Elite & HS Foundations (2:30-5:00 PM), \$175

Register now at: www.chicomatrix.com/summer



Basketball Camp: June 16-19 OPEN to BOYS & GIRLS LIMITED TO THE FIRST 40 ATHLETES REGISTERED! Session 1 - 1st-2nd Grades - 9 to 9:45am (\$50) Session 2 - 3rd-5th Grades - 10 to 11:30am (SOLD OUT) Session 3 - 6th-8th Grades - 12 to 1:30 am (\$100)

Register online at:

https://www.redbluffyouth.com/buckys-basketball-academy



PLANET FITNESS' HIGH SCHOOL SUMMER PASS™ RETURNS; TEENS WORK OUT FREE JUNE 1 -AUGUST 31

Ages 14-19 - Free Summer Pass https://www.planetfitness.co m/summerpass

Sign-Up in person or online / Starts June-August

CORNING PARKS & RECREATION

The mission of the Corning Recreation and Youth Enrichment program is to provide fun and mentally stimulating recreation opportunities to the Corning community in a coordinated cost effective manner.

They offer a whole host of classes for people of all ages including dance, crafts, swimming, flag football and more.

Visit https://www.corning.org/departments/parksrecreation/ to register.

NINE PARKS IN CORNING

There are currently 9 City-owned and maintained parks in and near Corning. They include facilities for picnicking, walking trails, basketball, softball, baseball, volleyball, soccer, tennis, horseshoes, skateboarding, pickleball and even stationary fitness stations!

Visit https://www.corning.org/parks/ for a full list.





For More Nearby Activities & Events

VISIT WWW.NORTHSTATEPARENT.COM

HTTPS://WWW.UPSTATECA.COM/EVENTS

HTTPS://WWW.EXPLOREBUTTECOUNTY.COM

ANGIE & JESSE MILLER FUNDAMENTAL – BASKETBALL CAMF FOR GIRLS AND BOYS / \$70 PER CAMPER

JULY 7-10, 2025 1ST AND 2ND GRADERS 8:30AM-11:30AM JULY 14-17, 2025 5th and 6th graders 8:30am-11:30am

JULY 7-10, 2025 3RD AND 4TH GRADERS 11:45AM-2:45PM JULY 14-17, 2025 7th and 8th graders 11:45am-2:45pm

THE CAMP EMPHASIZES TWO AREAS OF THE GAME: PRACTICING FUNDAMENTAL SKILLS AND PLAYING WITH ENTHUSIASM AND INTENSITY

LOCATION

MAYWOOD DAVINCI GYM 1666 Marquerite Corning, ca

QUESTIONS? CALL 530-514-2712 Or Email Amillertime25@hotmail.com

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Fitness and Conditioning, Jr Giants Baseball, Judo, Wrestling MMA & Self Defense, Martial Arts

More information 530-527-8282

Visit our website https://tehamaso.org/pal-programs/



10 a.m. Friday, July 4th Parade route is Highway 99 E & Sherwood Blvd.

Playday at Mill Creek Park following the parade Cool off with lots of fun & games for the young & young @ heart.

Parade awards will be presented at the park @ approximately 1 p.m.

Email Imcoc2012@gmail.com

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Los Molinos Chamber of Commerce, P.O. Box 334, Los Molinos, CA 96055 Telephone 530-384-2251 Email Imcoc2012@gmail.com

RICE BROS - RED BLUFF

Jiu Jitsu Gym

Location: 1775 Airport Road **Red Bluff**

Kids classes, M-Thursday, 4-5pm

Phone: (530) 209 2244 E-mail: ricebrosredbluff@gmail.com www.https://www.ricebrosredbluff.c om/

LOS MO DOJO -LOS MOLINOS

Judo, Jujitsu, & Grappling

Los Mo Dojo is a non-profit, veteran-owned gym that specializes in Judo and Jujitsu. We are open to the Tehama Country community and surrounding areas.

Location: 7850 CA-Hwy 99E Los Molinos

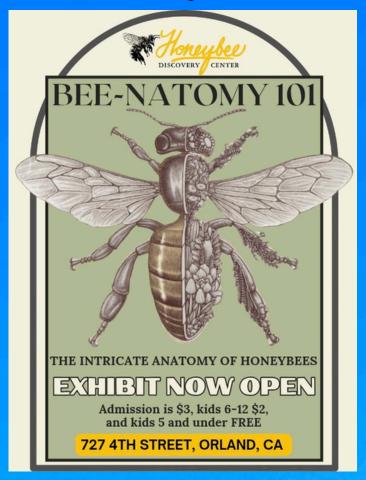
losmodojo@gmail.com



Anderson - River Park



Orland Honey Bee Discovery Center



Mt. Shasta @ the Hatchery

California Department of Fish and Wildlife Presents:

2025 Kids **Fishing Day**

Mount Shasta Hatchery 3 N Old Stage Rd - Mt Shasta, CA 96067

June 14 & July 26

15 years old and younger and able to hold a rod and reel Registration: 8:15am-1:30pm Fishing: 8:30am-2:00pm

The ponds will be stocked with trout & volunteer help available

Bring cooler & bucket for your fish

Free bait and limited loaner tackle available

California Department of Fish and Wildlife R1InlandFisheries@wildlife.ca.gov 530-225-2361



BEE-NATOMY 101 is an intricate look into the dynamic anatomy of the amazing honeybee. A deep dive into the bodies of our buzzy little buddies. These winged wonders have some incredible features that we are sure you'll be thrilled to learn more about.

Fri, June 6th from 3 pm-6 pm Sat, June 7th from 11 am-2 pm Wed, June 11th from 3 pm-6 pm Wed, June 18th from 1 pm-4 pm Wed, June 25th from 12 pm-3 pm Fri, July 11th from 3 pm-6 pm Sat, July 12th from 11 am-2 pm Wed, July 9th from 3 pm-6 pm Wed, July 23rd from 3 pm-6 pm

https://www.honeybeediscoverycenter.org Phone: 530-805-BUZZ

LET'S GET READING!



Starts 6/10 in Los Molinos; 6/11 in Red Bluff; 6/12 in Corning

Los Molinos: 7881 State Hwy 99E PH: 530-384-2772

Red Bluff: 545 Diamond Avenue PH: 530-527-0604

Corning: 740 3rd Street PH: 530-824-7050

A LOT PLANNED!!! CHECK OUT THE WEBSITE AND Facebook!

CHECK OUT ALL OF THE EVENTS! TEHAMACOUNTYLIBRARY.ORG



BARNES & NOBLE FREE book for reading books and writing about them in their Reading Journal!

BOOKS-A-MILLION



PIZZA HUT BOOK IT! Earn a FREE personal-sized pizza and more!

PANDA EXPRESS FREE kids meal coupon when students read 5 books!

CHUCK E. CHEESE 10 FREE play points for reading and filling out the Reading Rewards Calendar,



PANDA

Dolly Parton's Imagination Library

Available in Tehama County!

Questions?

Please call First 5 Tehama Children & Families Commission at (530) 528-1395

imaginationlibrary.com

Thank you to the Tehama County Education Foundation and Fest 5 Tehama Children and Families Countracion for their partnership and effort to make Dolly Partne Imagination Lifeory available to all children in Sehamal

Source: Facebook: Dr. Shelley Jones-Holt

Let us help you get your child signed up for preschool!

SIGN UP FOR PRESCHOOL

For 2025/2026

REGISTER NOW

530-528-7348

DO YOU HAVE AN ALMOST 3 OR 4 YEAR OLD?

Help Me Grow - Tehama

6

Northern California Child Development, Inc. ENROLLING NOW FOR THE 2025-26 SCHOOL YEAR SERVING 0-5 YEAR OLDS & PREGNANT MOMS THROUGHOUT TEHAMA COUNTY! **Dual Language Learners** Children with Disabilities **Full Day Services** for Working Families **Family Services** Free Counseling

For NCCDI Families

Health & Nutrition

Kindergarten Readiness

Free to Low Cost Childcare

Preschool Full Day & Extended Day Classrooms Infant & Toddler Full Day Classrooms Infant & Toddler Home Visiting Services

3 WAYS TO APPLY: APPLY ONLINE @ WWW.NCCDI.COM/ENROLLMENT PICK UP A PAPER APPLICATION @ 220 SYCAMORE ST. SUITE 200. RED BLUFF. CA



Enrich children's lives, Empower parents, Engage our community



PLAYING WITH YOUR CHILDREN IS INCREDIBLY IMPORTANT





Some simple and fun ideas to kick-start playtime with your children. students, and little friends today

- · Nature Scavenger Hunt: Explore the outdoors together and search for items
- like leaves, rocks, or flowers · Storytime Adventure: Let their imaginations soar with storytelling sessions, or
- create your own stories together. Indoor Fort Building: For an aftern oon of imaginative play, construct a cozy
- fort using blankets, pillows, and furniture
- . Arts and Crafts: Break out the paints, crayons, and paper for a creative crafting session
- · Kitchen Experiments: Whip up some fun in the kitchen with easy and safe cooking or baking activities
- Music and Dance Party: Turn up the tunes and have a dance-off or make homemade instruments for a jam session. Role-Play Scenarios: Act out favorite stories, pretend to be superheroes, or
- create a make-believe world together.
- Outdoor Games: Play classic games like tag, hide and seek, or hopscotch in the backyard or local park.
- Science Experiments: Conduct simple experiments like making slime, discovering solar power, or exploring buoyancy.
 Puzzles and Board Games: Challenge their minds with puzzles, board games,
- or card games suitable for their age group.

Children grow and change so guickly that we often don't know the best way to PLAY! Increasing our understanding of our child's developing brains and bodies is a key step playing in a way that helps our children grow and develop.



Tips for Families

- Read with kids daily
- Practice math facts
- Have good conversation
- Play educational games
- Visit the library

Connect to Critical Resources

What Is 2-1-1?

2-1-1 is a free, confidential telephone helpline and website that connects people with local resources they need. People of all ages can quickly get information and referrals to health and human services in over 150 languages. We're here 24 hours a day, seven days a week, for both everyday needs and times of crisis.

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How Can I Access 2-1-1?

By phone:

From Tehama County, dial 2-1-1 toll-free from any phone, cell or landline. You will talk with a live, trained service professional in your area.

To reach 2-1-1 NorCal resources from a phone outside the county, use the county's 800 number: 2-1-1 Tehama: 1-866-963-8182



You can text your zip code to TXT211 (898-211) to talk with a live specialist, 24 hours a day, seven days a week, 365 days a year. This two-way texting service is available in English and Spanish.

By text:

NEW ACTIVITIES ADDED

SUMMER LONG

more

*Standard message and data rates may apply. Text STOP to opt-out. For end-user privacy and terms and conditions of texting with 898-211, visit www.preventionpaystext.com/policies.